## Angioedema Associated to Ophthalmic Beta-Blockers

## Natalia Mendoza, Lucretia Davis, Ruth Wintz, Joseph Varon

A 79 year-old African American lady presented to the emergency department with complaints of dyspnea which followed the second application of her recently prescribed eye drops (timolol 0.25% ophthalmic solution). She had been taking azythromycin for an upper respiratory infection as well. However, she had taken this antibiotic in multiple occasions in the past. She denied any other medications or recent

trauma to the oral cavity. The patient was admitted to the intensive care unit and emergently intubated via the nasotracheal route. She received intravenous corticosteroids with minimal response, eventually requiring a temporary tracheostomy. The patient was successfully weaned from mechanical ventilation and the angioedema resolved after 3 weeks. No further ophthalmic beta-blockers were prescribed.



Figure 1. SEVERE ANGIOEDEMA

Also known by its eponym quincke's edema, depicting edema of mucosas, tongue and submucosal tissues

From Universidad de Monterrey, México (Natalia Mendoza), St. Luke's Episcopal Hospital, Houston, Texas, USA (Lucretia Davis and Dr. Ruth Wintz) and The University of Texas Health Science Center of Houston, St. Luke's Episcopal Hospital, The University of Texas Medical Branch at Galveston and Houston, Texas, USA (Dr. Joseph Varon).

## Address for correspondence:

Joseph Varon, MD, FACP, FCCP, FCCM 2219 Dorrington Houston, TX USA 77030

Tel: +1-713-669-1670 Fax: +1-713-669-1671

Email: Joseph.Varon@uth.tmc.edu Email: gavinmjoynt@cuhk.edu.hk